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“Loneliness is damaging to both the mind, soul, and physic”. People claimed that the lockdown of 2020 was beneficial and promising. It is now that they realize the true destructive powers of it. Lockdown is affecting human life in terms of social distancing, economy, and way of life.

At first, the lockdown has created social distancing causing people to lose their connection with the society. As we know that Human beings are social animals. They need social interaction with each other to survive. It is one of the very things that make life worth living but the lockdown has taken that away. Experts claimed that it is easy for us to avoid social interaction and stay indoors, but they didn't consider the fact that as we have become so used to the social interaction every day that it has become more of an addiction rather than a need. Without proper social interaction, people are becoming more frustrated and irritated every day.

Secondly, the lockdown has a huge impact on the economy. Institutes say that The Great Lockdown is saving Lives by decreasing the chances of spreading Covid- 19 and is essential for human survival, however, they are not seeing the Increasing Poverty and Hunger on that Global level. Due to the fact that the people can’t work nowadays is causing a deficit in the economic department, resulting in a lack of money. As they are not working, so the government and other institutes can’t fund them forever due to a limited amount of funds. As the lockdown is also causing a delay in the production of goods and resources so the necessities of life are unable to the people in time, causing hunger and starvation on a global scale.

At last, the lockdown is also affecting the standard of life. As country leaders say that adapting to the new environment is one of the basic trades of humanity and they must adapt to the new ways of life. They neglect the point that the people took 2000 years to get comfortable with their previous lifestyle. They can't just switch to the new ways of lockdown, just like they switch car seats. It takes time and proper understanding to adjust to a way of life.

Therefore, in conclusion, the Lockdown has a bad effect no human life by increasing social distancing, causing anxiety, frustration, increasing global hunger, and disturbing the ways of life of people.